

EDINA SCHOOLS FEBRUARY ELEMENTARY MENU

MONDAY

<p>Choose One: 1</p> <p>No School</p>
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TUESDAY

<p>Choose One: 2</p> <p>Fresh Baked Pizza 4 Cheese V, Pepperoni Pizza*, Hamburger, Chef Salad</p> <p>Turkey Ham Sub</p> <p>May Choose One to Three: Fresh Salad Greens, Fruit Cocktail, Fresh Fruit & Veggies, Fruit Juice, Bread</p> <p>May Choose One: Skim, 1% or Choc. Milk</p>
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WEDNESDAY

<p>Choose One: 3</p> <p>Sloppy Joes on Wheat Bun Chicken Patty, Chef Salad, Turkey Ham Sub</p> <p>May Choose One to Three: Tator Tot Potatoes, Juicy Jell-O, Fresh Salad, Fresh Fruit & Veggies, Fruit Juice, Bread</p> <p>May Choose One: Skim, 1% or Choc. Skim Milk</p>

THURSDAY

<p>Choose One: 4</p> <p>Chicken Nuggets, Cheeseburger, Chef Salad, Turkey Ham Sub</p> <p>May Choose One to Three: Green Beans, Peaches, Caesar Salad, Fresh Fruit & Veggies, Fruit Juice, Bread</p> <p>May Choose One: Skim, 1% or Choc. Skim Milk</p>

FRIDAY

<p>Choose One: 5</p> <p>Macaroni and Cheese V, Chicken Patty, Chef Salad, Turkey Ham Sub</p> <p>May Choose One to Three: Broccoli, Strawberries, Fresh Salad Greens, Fresh Fruit & Veggies, Fruit Juice, Bread Basket</p> <p>May Choose One: Skim, 1% or Choc. Skim Milk</p>

NUTRIENT ANALYSIS- AVERAGE: Calories:645 Vitamin A:5217 IU Vitamin C:67.0 Mg Total Fat6.3G
% OF TARGET Calories: 100% Vitamin A: 494% Vitamin C: 446% Total Fat 8.8%

Choose One: 8

Cheese Quesadilla,
Chicken Patty, Popeye
Spinach Salad, Sunbutter &
Jelly Sandwich

May Choose One to Three: Spanish rice, Applesauce,
Tossed Salad Fresh Fruit &
Veggies, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 9

Cheese V or Pepperoni
Pizza*, Hamburger,
Popeye Spinach Salad,
Sunbutter & Jelly Sandwich

May Choose One to Three: Caesar Salad, Mandarin
Oranges, Fresh Fruit &
Veggies, Fruit Juice, Bread

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 10

Beefy Nachos, Chicken Patty,
Popeye Spinach Salad,
Sunbutter & Jelly Sandwich

May Choose One to Three: Lettuce & Tomato,
Corn, Peaches,
Fresh Fruit & Veggies, Fruit
Juice, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 11

Lasagna Roll Up V,
Cheeseburger,
Popeye Salad,
Sunbutter & Jelly Sandwich

May Choose One to Three: Mix veggies, Mix Fruit,
Caesar Salad, Fresh Fruit,
Fresh Veggies, Juice, Bread

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 12

Fish Filet,
Chicken Patty, Popeye Salad,
Sunbutter & Jelly Sandwich

May Choose One to Three: Carrots, Pineapple,
Tossed Salad, Fresh Fruit,
Fresh Veggies,
Fruit Juice, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

NUTRIENT ANALYSIS- AVERAGE: Calories:652 Vitamin A:6003 IU Vitamin C:61.3Mg Total Fat5.0G
% OF TARGET Calories: 101% Vitamin A: 569% Vitamin C: 409% Total Fat 6.9%

Choose One: 15

No School

Choose One: 16

Cheese or Pepperoni Pizza*,
Chicken Caesar Salad,
Hamburger,
Turkey & Cheese Wrap

May Choose One to Three: Caesar Salad, Mandarin
Oranges, Fresh Fruit &
Veggies, Juice, Bread

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 17

Cheese Ravioli V,
Chicken Patty, Chicken
Caesar Salad,
Turkey & Cheese Wrap

May Choose One to Three: Broccoli, Canned Pears,
Tossed Salad, Fresh Fruit,
& Veggies, Fruit Juice, Bread

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 18

Turkey & Gravy,
Cheeseburger,
Chicken Caesar Salad,
Turkey & Cheese Wrap

May Choose One to Three: Mashed Potatoes, Applesauce,
Tossed Salad, Fresh Fruit,
Veggies, Juice, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 19

Grilled Cheese Sandwich V,
Chicken Patty, Chicken
Caesar Salad,
Turkey & Cheese Wrap

May Choose One to Three: Carrots, Pineapple, Salad,
Fresh Fruit & Veggies, Fruit
Juice, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

NUTRIENT ANALYSIS- AVERAGE: Calories:643 Vitamin A:5937 IU Vitamin C:68.1 Mg Total Fat5.2G
% OF TARGET Calories: 100% Vitamin A: 563% Vitamin C: 454% Total Fat 7.3%

Choose One: 22

Spaghetti & Meat Sauce,
Chicken Patty, Chef Salad,
Turkey Ham Sub

May Choose One to Three: Broccoli, Applesauce, Tossed
Salad Fresh Fruit & Veggies,
Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 23

Fresh Baked Cheese V or
Pepperoni Pizza*,
Hamburger, Chef Salad,
Turkey Ham Sub

May Choose One to Three: Caesar Salad, Mix Fruit,
Fresh Fruit & Veggies, Fruit
Juice, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

Choose One: 24

Beefy Nachos,
Chicken Patty, Chef Salad,
Turkey Ham Sub

May Choose One to Three: Lettuce & Tomato, Green
Beans, Peaches, Fresh Fruit &
Veggies, Fruit Juice, Bread
Basket

May Choose One: Skim,
1% or Choc. Milk

Choose One: 25

Popcorn Chicken,
Cheeseburger, Chef Salad,
Turkey Ham Sub

May Choose One to Three: Corn, Pears,
Caesar Salad,
Fresh Fruit & Veggies,
Fruit Juice, Bread

May Choose One: Skim,
1% or Choc. Skim

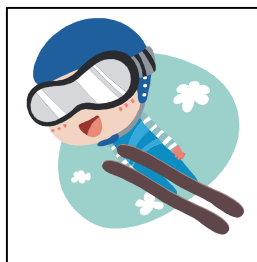
Choose One: 26

Cheese Quesadilla,
Chicken Patty, Chef Salad,
Turkey Ham Sub

May Choose One to Three: Spanish Rice, Peaches,
Tossed Salad Fresh Fruit &
Veggies, Bread Basket

May Choose One: Skim,
1% or Choc. Skim Milk

NUTRIENT ANALYSIS- AVERAGE: Calories:647 Vitamin A:4030 IU Vitamin C:50.8 Mg Total Fat5.2G
% OF TARGET Calories: 100% Vitamin A: 382% Vitamin C: 339% Total Fat 7.2%



Note:
The Kids Way Café offers
daily assortment of Seasonal
Fresh Fruit & Vegetables.
The Bread Basket contains
an assortment of Whole
Grain & Whole Wheat
Breads .Our Subs are made
with Jenny-O Turkey &
Turkey Ham.
V indicates Vegetarian
Items

**Main Event Combo Meal -
\$2.25**

Reduced Meal - \$4.00

Milk - \$.50

V indicates Vegetarian
Items
* Indicates Pork Items