

# Edina Public School 273

Page 1

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values  
Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Mon - 03/01/2010		
Elementary Lunch	Total	
BURRITO,BEAN&CHEESE,SCRATCH	EACH	44.4
SALSA,COMMERCIAL	1 FL OZ	2.1
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SUB,TURKEY ESFS	1 EACH	23.4
SALAD,CHICKEN CAESAR	1 EACH	14.7
VEGETABLE,MIXED,FRZ,BOILED	1/2 CUP	11.9
FRUIT MIX,LT SYRUP,CND	.5 CUP	18.1
VB-FRUIT:FRESH,FRZN,CND;#1 MON	SERVING	7.0
VB-VEG:FRESH,FRZN,CND;#1	SERVING	10.0
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		114.72
% of Calories		62.6%

Tue - 03/02/2010		
Elementary Lunch	Total	
PIZZA,CHEESE 4x6 SMART PIZZA	EACH	37.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
SUB,TURKEY ESFS	1 EACH	23.4
SALAD,CHICKEN CAESAR	1 EACH	14.7
Mandarin Oranges	4oz.	8.9
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND;#2	SERVING	9.2
SALAD, CAESAR	3oz.	12.4
VB-BREAD BASKET:#2 TUESDAY	SERVING	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		89.10
% of Calories		59.5%

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# Edina Public School 273

Page 2

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	Portion Size	g Carb
Wed - 03/03/2010		
Elementary Lunch	Total	
Hot Dog, Beef	2 oz.	22.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SUB,TURKEY ESFS	1 EACH	23.4
SALAD,CHICKEN CAESAR	1 EACH	14.7
BEANS,BAKED	1/2 CUP	36.1
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
ORANGES, SECTIONS	1/2 CUP	10.6
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
SALAD MIX,TOSSED	2 OZ	1.9
VB- Vegetables Wednesday	4 oz.	8.1
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		106.76
% of Calories		60.6%

Mon - 03/08/2010		
Elementary Lunch	Total	
Sandwich, Grilled Cheese	1 each	26.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
CARROTS,FROZEN,BOILED	1/2 CUP	5.6
APPLESAUCE,ROSY	1/2 CUP	24.0
VB-FRUIT:FRESH,FRZN,CND:#1 MON	SERVING	7.0
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		104.52
% of Calories		64.7%

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# Edina Public School 273

Page 3

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Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Tue - 03/09/2010		
Elementary Lunch	Total	
PIZZA,CHEESE 4x6 SMART PIZZA	EACH	37.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
FRUIT MIX,LT SYRUP,CND	.5 CUP	18.1
VB-FRUIT:FRESH,FRZN,CND:#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND:#2	SERVING	9.2
SALAD, CAESAR	3oz.	12.4
VB-BREAD BASKET:#2 TUESDAY	SERVING	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		100.00
% of Calories		60.6%

Wed - 03/10/2010		
Elementary Lunch	Total	
Sloppy Joes on Bun , Edina	2oz.	34.7
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
POTATO,TATER TOTS: OREDA	4 OZ	27.2
GELATIN WITH APPLE JUICE	4 OZ.	14.8
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		104.75
% of Calories		62.8%

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# Edina Public School 273

Page 4

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Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Thu - 03/11/2010		
Elementary Lunch	Total	
CHICKEN NUGGETS	5 EACH	11.0
CHEESEBURGER IN BROTH	1 EACH	23.8
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
BEANS, GREEN, FROZEN, BOILED, NO S	1/2 CUP	4.4
PEACHES, CND, LT SYRUP	1/2 CUP	18.3
VB-FRUIT: FRESH, FRZN, CND: #4 THU	SERVING	10.6
VB-VEG: FRESH, FRZN, CND: #4	SERVING	9.0
SALAD, CAESAR	3oz.	12.4
BREAD, WHOLE-WHEAT	1 EACH	11.6
MILK, WHITE, SKIM	HALF PINT	12.1
MILK, WHITE 1% LOWFAT	HALF PINT	12.2
MILK, CHOCOLATE, FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY, STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESSING, SALAD, FF/CA/FRENCH	2 TBSP	8.6
DRESSING, SALAD, FF RANCH	2 TBSP	8.6
MAYONNAISE, LoFat, No Cholester	1 OZ	1.9
SAUCE, BARBECUE: Commercial	1 OZ	10.3
PICKLES, HAMBURGER	3 SLICE	0.9
Weighted Daily Average		84.87
% of Calories		54.1%

Fri - 03/12/2010		
Elementary Lunch	Total	
MACARONI & CHEESE	6 OZ	23.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
Broccoli, Fresh Steamed	1 Each	5.8
Strawberries	4 oz.	10.4
ORANGES, FRESH, WHOLE	EACH	11.3
VB-VEG: FRESH, FRZN, CND: #5	SERVING	6.6
SALAD MIX, TOSSED	2 OZ	1.9
GRAHAMS, CRACKER, PLN/HONEY/CINN	3 EACH	16.1
MILK, WHITE, SKIM	HALF PINT	12.1
MILK, WHITE 1% LOWFAT	HALF PINT	12.2
MILK, CHOCOLATE, FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY, STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE, LoFat, No Cholester	1 OZ	1.9
DRESSING, SALAD, FF RANCH	2 TBSP	8.6
DRESSING, SALAD, FF/CA/FRENCH	2 TBSP	8.6
SAUCE, BARBECUE: Commercial	1 OZ	10.3
Weighted Daily Average		96.63
% of Calories		57.1%

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# Edina Public School 273

Page 5

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values  
Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Mon - 03/15/2010		
Elementary Lunch	Total	
QUESADILLA,CHEESE 90/10	EACH	34.0
SALSA	.5 OZ	0.4
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
SPANISH RICE	1/2 CUP	21.4
APPLESAUCE,CND,UNSWTND	1/2 CUP	13.8
VB-FRUIT:FRESH,FRZN,CND:#1 MON	SERVING	7.0
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		98.18
% of Calories		59.5%

Tue - 03/16/2010		
Elementary Lunch	Total	
PIZZA,CHEESE,SMART 50/50	1 EACH	34.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
Mandarin Oranges	4oz.	8.9
VB-FRUIT:FRESH,FRZN,CND:#5FRID	SERVING	11.3
VB-VEG:FRESH,FRZN,CND:#2	SERVING	9.2
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		89.76
% of Calories		56.4%

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# Edina Public School 273

Page 6

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Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Wed - 03/17/2010		
Elementary Lunch	Total	
NACHOS,BEEF*CH SUPR:MIX LOL SC	SERVING	30.6
LETTUCE & TOMATO TOPPING	2 OZ	1.9
SALSA,COMMERCIAL	1/2 FL OZ	1.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
VEGETABLE,MIXED,FRZ,BOILED	1/2 CUP	11.9
ORANGES,FRESH,WHOLE	1 EACH	11.3
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		106.08
% of Calories		65.8%

Thu - 03/18/2010		
Elementary Lunch	Total	
Lasagna Roll-ups	1 Each	24.8
CHEESEBURGER IN BROTH	1 EACH	23.8
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
CORN	1/2 CUP	17.00
FRUIT MIX,CND,LT SYRUP,DRND	1/2 CUP	15.2
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#4	SERVING	9.0
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		87.85
% of Calories		54.1%

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# Edina Public School 273

Page 7

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Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Fri - 03/19/2010		
Elementary Lunch	Total	
CHILI,VEGETARIAN	7 OZ	16.1
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
CARROTS,FROZEN,BOILED	1/2 CUP	5.6
PINEAPPLE,CND,LIGHT SYRUP	.5 CUP	16.9
ORANGES,FRESH,WHOLE	1 EACH	11.3
VB-VEG;FRESH,FRZN,CND:#5	SERVING	6.6
SALAD MIX,TOSSED	2 OZ	1.9
MUFFIN,CORN,MINI	1 EACH	29.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		106.45
% of Calories		65.8%

Mon - 03/22/2010		
Elementary Lunch	Total	
TURKEY DICED w/GRAVY	SERVING(S)	8.5
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	EACH	14.7
Potatoes, Fresh Mashed	4oz.	17.4
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
VB-FRUIT:FRESH,FRZN,CND;#1 MON	SERVING	7.0
VB-VEG;FRESH,FRZN,CND:#1	SERVING	10.0
SALAD MIX,TOSSED	OZ	0.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		92.54
% of Calories		59.2%

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# Edina Public School 273

Page 8

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Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Tue - 03/23/2010		
Elementary Lunch	Total	
PIZZA,CHEESE 4x6 SMART PIZZA	EACH	37.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
Mandarin Oranges	4oz.	8.9
VB-FRUIT:FRESH,FRZN,CND:#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND:#2	SERVING	9.2
SALAD, CAESAR	3oz.	12.4
VB-BREAD BASKET:#2 TUESDAY	SERVING	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		96.37
% of Calories		58.8%

Wed - 03/24/2010		
Elementary Lunch	Total	
Taco, Beef Crumbles,Soft Shell	Tortilla 8"	23.3
LETTUCE & TOMATO TOPPING	2 OZ	1.9
SALSA,COMMERCIAL	1/2 FL OZ	1.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
BEANS,GREEN,FROZEN,BOILED,NO S	1/2 CUP	4.4
PEARS,CND,LT SYRUP	1/2 CUP	19.0
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		95.84
% of Calories		58.6%

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# Edina Public School 273

Page 9

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values  
Elementary Lunch

Feb 5, 2010

	Portion Size	g Carb
Thu - 03/25/2010		
Elementary Lunch	Total	
FRENCH TOAST STICKS #67400	4 EACH	42.0
SAUSAGE LINKS,TURKEY	2 EACH	0.00
SYRUP,PANCAKE	1 FL OZ	24.6
CHEESEBURGER IN BROTH	1 EACH	23.8
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
CARROTS,FROZEN,BOILED	1/2 CUP	5.6
PINEAPPLE,CND,LIGHT SYRUP	1/2 CUP	16.9
VB-FRUIT:FRESH,FRZN,CND:#3 WED	SERVING	5.6
VB-VEG:FRESH,FRZN,CND:#4	SERVING	9.0
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		107.31
% of Calories		56.3%

Fri - 03/26/2010		
Elementary Lunch	Total	
RAVIOLI,CHEESE	5 EACH	36.4
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
Broccoli, Fresh Steamed	1 Each	5.8
APPLESAUCE,CND,UNSWTND	1/2 CUP	13.8
ORANGES,FRESH,WHOLE	1 EACH	11.3
VB-VEG:FRESH,FRZN,CND:#5	SERVING	6.6
SALAD MIX,TOSSED	2 OZ	1.9
GRAHAMS,CRACKER,PLN/HONEY/CINN	3 EACH	16.1
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		75.50
% of Calories		54.9%

Weighted Average		97.62
		59.6%

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# Edina Public School 273

Page 10

Mar 1, 2010 thru Mar 31, 2010 Spreadsheet - Portion Values  
Elementary Lunch

Feb 5, 2010

Portion  
Size                      g  
                                 Carb

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Carbohydrate (g)	97.62	59.56%	0.00				
Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.							