

# Edina Public School 273

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Tue - 02/02/2010		
Secondary Lunch	Total	
CHICKEN NUGGETS	7 EACH	15.4
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
PINEAPPLE,TIDBITS,CND	1/2 CUP	16.0
CORN	1/2 CUP	17.00
SALAD, CAESAR	3oz.	12.4
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND;#2	SERVING	9.2
BREAD,WHOLE-WHEAT	EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	3 OZ	21.4
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		119.29
% of Calories		58.5%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Wed - 02/03/2010		
Secondary Lunch	Total	
SLOPPY JOE ON WHEAT BUN	SERVINGS	30.7
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
POTATO,TATER TOTS: OREDA	4 OZ	27.2
GELATIN WITH APPLE JUICE	4 OZ.	14.8
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB- Vegetables Wednesday	4 oz.	8.1
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		126.10
% of Calories		60.2%

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# Edina Public School 273

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Thu - 02/04/2010		
Secondary Lunch	Total	
SWEET AND SOUR CHICKEN w/SAUCE	#8 SCOOP	47.7
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
SALAD MIX,TOSSED	4 OZ	3.7
BROWN RICE PILAF	1/2 CUP	30.4
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#4	SERVING	9.0
BREAD,WHOLE-WHEAT	1 EACH	11.6
MARGARINE	.25 OZ	0.1
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		135.59
% of Calories		66.3%

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# Edina Public School 273

	Portion Size	g Carb
Fri - 02/05/2010		
Secondary Lunch	Total	
MACARONI & CHEESE	6 OZ	23.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
SALAD MIX,TOSSED	4 OZ	3.7
Broccoli, Fresh Steamed	Each	0.00
Strawberries	4 oz.	10.4
VB-FRUIT:FRESH,FRZN,CND:#5FRID	SERVING	11.3
VB-VEG:FRESH,FRZN,CND:#5	SERVING	6.6
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		115.17
% of Calories		59.4%

# Edina Public School 273

	Portion Size	g Carb
Mon - 02/08/2010		
Secondary Lunch	Total	
QUESADILLA,CHEESE 90/10	1 EACH	34.0
SALSA,COMMODITY	1 FL OZ	2.2
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
SPANISH RICE	1/3 CUP	13.7
APPLESAUCE,CND,UNSWTND	1/2 CUP	13.8
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND:#1 MON	SERVING	7.0
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY, GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	2 OZ	3.8
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
SALSA,COMMERCIAL	2 OZ	4.1
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		124.21
% of Calories		58.8%

# Edina Public School 273

	Portion Size	g Carb
Tue - 02/09/2010		
Secondary Lunch	Total	
BARBECUE BEEF ON A BUN 85/15	EACH	33.5
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
PEARS,CND,LT SYRUP	1/2 CUP	19.0
BEANS,GREEN,FROZEN,BOILED,NO S	1/2 CUP	4.4
SALAD, CAESAR	3oz.	12.4
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND;#2	SERVING	9.2
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	3 OZ	21.4
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		123.68
% of Calories		61.2%

# Edina Public School 273

	Portion Size	g Carb
Wed - 02/10/2010		
Secondary Lunch	Total	
Lasagna Roll-ups	1 Each	24.8
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
SPANISH RICE	1/2 CUP	21.4
VB-FIESTA:#1	SERVING	40.2
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
CORN,SWEET YELLOW,Frozen	1/2 CUP	15.8
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
SALAD MIX,TOSSED	4 OZ	3.7
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	1 OZ	0.3
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	3 OZ	21.4
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		124.32
% of Calories		59.0%

# Edina Public School 273

	Portion Size	g Carb
Thu - 02/11/2010		
Secondary Lunch	Total	
CHICKEN,POPCORN	6 OZ	30.6
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
CARROTS,FROZEN,BOILED	1/2 CUP	5.6
FRUIT COCKTAIL	1/2 CUP	19.0
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#4	SERVING	9.0
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		124.00
% of Calories		59.3%

# Edina Public School 273

	Portion Size	g Carb
Fri - 02/12/2010		
Secondary Lunch	Total	
FISH PORTIONS,AK POLL,RED FAT	EACH	12.0
SAUCE,TARTAR	1 EACH	1.26
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
POTATO,HASHBROWN	3 OZ	16.1
PINEAPPLE,CND,LIGHT SYRUP	1/2 CUP	16.9
SALAD MIX,TOSSED	4 OZ	3.7
VB-VEG:FRESH,FRZN,CND:#5	SERVING	6.6
VB-FRUIT:FRESH,FRZN,CND:#5FRID	SERVING	11.3
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY, GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		114.25
% of Calories		57.5%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Tue - 02/16/2010		
Secondary Lunch	Total	
Chicken Parmesan	1 each	18.3
CHICKEN PATTY SANDWICH CN	1 EACH	38.2
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
SALAD, CAESAR	3oz.	12.4
FRUIT COCKTAIL	1/2 CUP	19.0
Broccoli, Fresh Steamed	1 Each	0.00
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND;#2	SERVING	9.2
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		124.99
% of Calories		60.1%

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# Edina Public School 273

	Portion Size	g Carb
Wed - 02/17/2010		
Secondary Lunch	Total	
RAVIOLI,CHEESE W/SC,SEC	5 EACH	51.4
CHICKEN PATTY SAND ON WHEAT	EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
Broccoli, Fresh Steamed	1 Each	0.00
EDz-SUBzone:Made to Order #1	SERVING	35.0
PEARS,CND,LT SYRUP	1/2 CUP	19.0
SALAD MIX,TOSSED	4 OZ	3.7
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB-VEG;FRESH,FRZN,CND:#3	SERVING	2.0
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY, GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	2 OZ	3.8
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		135.77
% of Calories		62.3%

# Edina Public School 273

	Portion Size	g Carb
Thu - 02/18/2010		
Secondary Lunch	Total	
TURKEY DICED w/GRAVY	SERVING(S)	8.5
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
Potatoes, Fresh Mashed	4oz.	17.4
PINEAPPLE,CND,LIGHT SYRUP	1/2 CUP	16.9
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#4	SERVING	9.0
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		125.27
% of Calories		62.8%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Fri - 02/19/2010		
Secondary Lunch	Total	
Sandwich, Grilled Cheese	1 each	26.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
VEGETABLE COMBINATION I	3 OZ	9.3
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND:#5FRID	SERVING	11.3
VB-VEG:FRESH,FRZN,CND:#5	SERVING	6.6
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		118.34
% of Calories		59.7%

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# Edina Public School 273

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Mon - 02/22/2010		
Secondary Lunch	Total	
CHICKEN BITES W/TERIYAKI SC	4 EACH	8.2
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
POTATO,TATER TOTS,FF 01F00215	4 OZ	22.7
Applesauce unsweet.	.5 cup	6.9
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND;#1 MON	SERVING	7.0
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		120.51
% of Calories		56.1%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Tue - 02/23/2010		
Secondary Lunch	Total	
LASAGNA,VEGETABLE #48505	8 OZ	29.1
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
Broccoli, Fresh Steamed	1 Each	0.00
SALAD, CAESAR	3oz.	12.4
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND;#2	SERVING	9.2
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY, GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,SWEET & SOUR	1 OZ	6.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		130.20
% of Calories		62.0%

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# Edina Public School 273

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Wed - 02/24/2010		
Secondary Lunch	Total	
NOODLE BOWL,BEEF & BROCCOLI	2.5 OZ	79.5
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
CORN,SWEET YELLOW,Frozen	1/2 CUP	15.8
Mandarin Oranges	4oz.	8.9
SALAD MIX,TOSSED	4 OZ	3.7
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY, GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		128.41
% of Calories		62.2%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Thu - 02/25/2010		
Secondary Lunch	Total	
FAJITAS,CHICKEN	1 EACH	26.9
SALSA,COMMERCIAL	1/2 FL OZ	1.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
BEANS,GREEN,FROZEN,BOILED,NO S	1/2 CUP	4.4
PEARS,CND,LT SYRUP	1/2 CUP	19.0
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#4	SERVING	9.0
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY, GRAPE	1 TBSP	13.3
KETCHUP	3 OZ	21.4
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		128.85
% of Calories		62.0%

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values  
Secondary Lunch

Jan 19, 2010

	Portion Size	g Carb
Fri - 02/26/2010		
Secondary Lunch	Total	
QUESADILLA,CHEESE 90/10	1 EACH	34.0
SPANISH RICE	1/2 CUP	21.4
SAUCE,TERIYAKI	1 TBSP	1.6
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
CHEESEBURGER IN BROTH	1 EACH	23.8
HAMBURGER IN BROTH	1 EACH	22.8
VB- PIZZA BAR	1 each	48.9
EDz-MARKETzonePa:#1	SERVING	50.1
VB-FIESTA:#1	SERVING	40.2
SPANISH RICE	1/2 CUP	21.4
EDz-SUBzone:Made to Order #1	SERVING	35.0
SALAD, CHEF EFS	SERVING	10.6
SALAD,GARDEN	SERVING	9.7
PEAS,GREEN,CND,DRND	1/2 CUP	10.71
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
SALAD MIX,TOSSED	4 OZ	3.7
VB-FRUIT:FRESH,FRZN,CND:#5FRID	SERVING	11.3
VB-VEG:FRESH,FRZN,CND:#5	SERVING	6.6
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.25 OZ	0.1
JELLY,GRAPE	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1 OZ	1.5
SAUCE,BARBECUE:Commercial	2 OZ	20.6
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		116.95
% of Calories		59.9%

Weighted Average		124.22
		60.4%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Carbohydrate (g)	124.22	60.39%	0.00				
Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.							

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