

Edina Public School 273

Page 1

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Tue - 02/02/2010		
Elementary Lunch	Total	
PIZZA,CHEESE 4x6 SMART PIZZA	EACH	37.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
FRUIT MIX,LT SYRUP,CND	.5 CUP	18.1
VB-FRUIT:FRESH,FRZN,CND:#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
VB-BREAD BASKET:#2 TUESDAY	SERVING	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		100.32
% of Calories		60.6%

Wed - 02/03/2010		
Elementary Lunch	Total	
Sloppy Joes on Bun , Edina	2oz.	34.7
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
POTATO,TATER TOTS: OREDA	4 OZ	27.2
GELATIN WITH APPLE JUICE	4 OZ.	14.8
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		106.68
% of Calories		63.1%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 2

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Thu - 02/04/2010		
Elementary Lunch	Total	
CHICKEN NUGGETS	5 EACH	11.0
CHEESEBURGER IN BROTH	1 EACH	23.8
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
BEANS, GREEN, FROZEN, BOILED, NO S	1/2 CUP	4.4
PEACHES, CND, LT SYRUP	1/2 CUP	18.3
VB-FRUIT: FRESH, FRZN, CND: #4 THU	SERVING	10.6
VB-VEG; FRESH, FRZN, CND: #1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
BREAD, WHOLE-WHEAT	1 EACH	11.6
MILK, WHITE, SKIM	HALF PINT	12.1
MILK, WHITE 1% LOWFAT	HALF PINT	12.2
MILK, CHOCOLATE, FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY, STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESSING, SALAD, FF/CA/FRENCH	2 TBSP	8.6
DRESSING, SALAD, FF RANCH	2 TBSP	8.6
MAYONNAISE, LoFat, No Cholester	1 OZ	1.9
SAUCE, BARBECUE: Commercial	1 OZ	10.3
PICKLES, HAMBURGER	3 SLICE	0.9
Weighted Daily Average		83.22
% of Calories		54.2%

Fri - 02/05/2010		
Elementary Lunch	Total	
MACARONI & CHEESE	6 OZ	23.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
Broccoli, Fresh Steamed	1 Each	0.00
Strawberries	4 oz.	10.4
ORANGES, FRESH, WHOLE	EACH	11.3
VB-VEG; FRESH, FRZN, CND: #1	SERVING	10.0
SALAD MIX, TOSSED	2 OZ	1.9
GRAHAMS, CRACKER, PLN/HONEY/CINN	3 EACH	16.1
MILK, WHITE, SKIM	HALF PINT	12.1
MILK, WHITE 1% LOWFAT	HALF PINT	12.2
MILK, CHOCOLATE, FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY, STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE, LoFat, No Cholester	1 OZ	1.9
DRESSING, SALAD, FF RANCH	2 TBSP	8.6
DRESSING, SALAD, FF/CA/FRENCH	2 TBSP	8.6
SAUCE, BARBECUE: Commercial	1 OZ	10.3
Weighted Daily Average		94.33
% of Calories		56.8%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 3

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Mon - 02/08/2010		
Elementary Lunch	Total	
QUESADILLA,CHEESE 90/10	EACH	34.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
SPANISH RICE	1/2 CUP	21.4
APPLESAUCE,CND,UNSWTND	1/2 CUP	13.8
VB-FRUIT:FRESH,FRZN,CND:#1 MON	SERVING	7.0
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		112.08
% of Calories		61.4%

Tue - 02/09/2010		
Elementary Lunch	Total	
PIZZA,CHEESE,SMART 50/50	1 EACH	34.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
Mandarin Oranges	4oz.	8.9
VB-FRUIT:FRESH,FRZN,CND:#5FRID	SERVING	11.3
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		90.07
% of Calories		56.4%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 4

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Wed - 02/10/2010		
Elementary Lunch	Total	
NACHOS,BEEF*CH SUPR:MIX LOL SC	SERVING	30.6
LETTUCE & TOMATO TOPPING	2 OZ	1.9
SALSA,COMMERCIAL	1/2 FL OZ	1.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
CORN,SWEET YELLOW,Frozen	1/2 CUP	15.8
ORANGES,FRESH,WHOLE	1 EACH	11.3
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		115.04
% of Calories		67.7%

Thu - 02/11/2010		
Elementary Lunch	Total	
Lasagna Roll-ups	1 Each	24.8
CHEESEBURGER IN BROTH	1 EACH	23.8
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
VEGETABLE,MIXED,FRZ,BOILED	1/2 CUP	11.9
FRUIT MIX,LT SYRUP,CND	.5 CUP	18.1
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		87.26
% of Calories		54.5%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 5

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Fri - 02/12/2010		
Elementary Lunch	Total	
FISH PORTIONS,AK POLL,RED FAT	1 EACH	12.0
SAUCE,TARTAR	1 EACH	1.26
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
SAND, SUNFLOWER BUTTER & JELLY	1 each	51.6
SALAD,FUN POPEYE SPINACH	SERVING	5.1
CARROTS,FROZEN,BOILED	1/2 CUP	5.6
PINEAPPLE,CND,LIGHT SYRUP	.5 CUP	16.9
ORANGES,FRESH,WHOLE	1 EACH	11.3
VB-VEG;FRESH,FRZN,CND:#1	SERVING	10.0
SALAD MIX,TOSSED	2 OZ	1.9
GRAHAMS,CRACKER,PLN/HONEY/CINN	3 EACH	16.1
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		98.93
% of Calories		64.3%

Tue - 02/16/2010		
Elementary Lunch	Total	
PIZZA,CHEESE 4x6 SMART PIZZA	EACH	37.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
Mandarin Oranges	4oz.	8.9
VB-FRUIT:FRESH,FRZN,CND;#2 TUE	SERVING	21.1
VB-VEG;FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
VB-BREAD BASKET:#2 TUESDAY	SERVING	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		96.69
% of Calories		58.8%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 6

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Wed - 02/17/2010		
Elementary Lunch	Total	
RAVIOLI,CHEESE	3 EACH	21.8
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
Broccoli, Fresh Steamed	1 Each	0.00
PEARS,CND,LT SYRUP	1/2 CUP	19.0
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
SALAD MIX,TOSSED	2 OZ	1.9
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		106.72
% of Calories		66.1%

Thu - 02/18/2010		
Elementary Lunch	Total	
TURKEY DICED w/GRAVY	SERVING(S)	8.5
CHEESEBURGER IN BROTH	1 EACH	23.8
WRAP,TURKEY & CHEESE	1 EACH	19.7
SALAD,CHICKEN CAESAR	1 EACH	14.7
Potatoes, Fresh Mashed	4oz.	17.4
APPLESAUCE,CND,UNSWTND	1/2 CUP	13.8
VB-FRUIT:FRESH,FRZN,CND:#3 WED	SERVING	5.6
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		91.43
% of Calories		54.3%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 7

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Fri - 02/19/2010		
Elementary Lunch	Total	
Sandwich, Grilled Cheese	1 each	26.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
WRAP, TURKEY & CHEESE	1 EACH	19.7
SALAD, CHICKEN CAESAR	1 EACH	14.7
CARROTS, FROZEN, BOILED	1/2 CUP	5.6
PINEAPPLE, CND, LIGHT SYRUP	1/2 CUP	16.9
ORANGES, FRESH, WHOLE	1 EACH	11.3
VB-VEG; FRESH, FRZN, CND:#1	SERVING	10.0
SALAD MIX, TOSSED	2 OZ	1.9
GRAHAMS, CRACKER, PLN/HONEY/CINN	3 EACH	16.1
MILK, WHITE, SKIM	HALF PINT	12.1
MILK, WHITE 1% LOWFAT	HALF PINT	12.2
MILK, CHOCOLATE, FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY, STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	1/2 OZ	0.8
MAYONNAISE, LoFat, No Cholester	1 OZ	1.9
DRESSING, SALAD, FF RANCH	2 TBSP	8.6
DRESSING, SALAD, FF/CA/FRENCH	2 TBSP	8.6
SAUCE, BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		96.32
% of Calories		61.3%

Mon - 02/22/2010		
Elementary Lunch	Total	
SPAGHETTI AND MEAT SAUCE	1 CUP	34.2
CHICKEN PATTY SANDWICH CN	1 EACH	38.2
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
Broccoli, Fresh Steamed	1 Each	0.00
APPLESAUCE, CND, UNSWTND	1/2 CUP	13.8
VB-FRUIT: FRESH, FRZN, CND;#1 MON	SERVING	7.0
VB-VEG; FRESH, FRZN, CND:#1	SERVING	10.0
SALAD MIX, TOSSED	2 OZ	1.9
ROLL, DINNER, WHEAT	1 EACH	21.0
MILK, WHITE, SKIM	HALF PINT	12.1
MILK, WHITE 1% LOWFAT	HALF PINT	12.2
MILK, CHOCOLATE, FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY, STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE, LoFat, No Cholester	1 OZ	1.9
DRESSING, SALAD, FF RANCH	2 TBSP	8.6
DRESSING, SALAD, FF/CA/FRENCH	2 TBSP	8.6
SAUCE, BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		108.38
% of Calories		61.2%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 8

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Tue - 02/23/2010		
Elementary Lunch	Total	
PIZZA,CHEESE,SMART 50/50	1 EACH	34.0
PIZZA,PEPP 4X6 SMART	1 EACH	36.0
HAMBURGER IN BROTH	1 EACH	22.8
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
FRUIT MIX,LT SYRUP,CND	.5 CUP	18.1
VB-FRUIT:FRESH,FRZN,CND:#2 TUE	SERVING	21.1
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
VB-BREAD BASKET:#2 TUESDAY	SERVING	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
DRESNG,SALAD,MAYO TYPE,REG	1 OZ	4.0
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		102.23
% of Calories		60.9%

Wed - 02/24/2010		
Elementary Lunch	Total	
NACHOS,BEEF*CH SUPR:MIX LOL SC	SERVING	30.6
LETTUCE & TOMATO TOPPING	2 OZ	1.9
SALSA,COMMERCIAL	1/2 FL OZ	1.0
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
BEANS,GREEN,FROZEN,BOILED,NO S	1/2 CUP	4.4
Mandarin Oranges	4oz.	8.9
ORANGES,FRESH,WHOLE	1 EACH	11.3
KIWIFRUIT,FRESH,SLICED	1 EACH	11.1
VB- Vegetables Wednesday	4 oz.	8.1
ROLL,DINNER,WHEAT	1 EACH	21.0
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholesterol	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		95.18
% of Calories		62.6%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 9

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

	Portion Size	g Carb
Thu - 02/25/2010		
Elementary Lunch	Total	
CHICKEN,POPCORN	4 OZ	20.4
CHEESEBURGER IN BROTH	1 EACH	23.8
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
CORN,SWEET YELLOW,Frozen	1/2 CUP	15.8
PEARS,CND,LT SYRUP	1/2 CUP	19.0
VB-FRUIT:FRESH,FRZN,CND:#4 THU	SERVING	10.6
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD, CAESAR	3oz.	12.4
BREAD,WHOLE-WHEAT	1 EACH	11.6
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
PICKLES,HAMBURGER	3 SLICE	0.9
Weighted Daily Average		83.74
% of Calories		51.9%

Fri - 02/26/2010		
Elementary Lunch	Total	
QUESADILLA,CHEESE 90/10	1 EACH	34.0
SPANISH RICE	1/2 CUP	21.4
CHICKEN PATTY SAND ON WHEAT	1 EACH	32.0
TURKEY HAM ESFS	SERVING	21.4
SALAD, CHEF EFS	SERVING	10.6
PEACHES,CND,LT SYRUP	1/2 CUP	18.3
ORANGES,FRESH,WHOLE	1 EACH	11.3
VB-VEG:FRESH,FRZN,CND:#1	SERVING	10.0
SALAD MIX,TOSSED	2 OZ	1.9
GRAHAMS,CRACKER,PLN/HONEY/CINN	3 EACH	16.1
MILK,WHITE,SKIM	HALF PINT	12.1
MILK,WHITE 1% LOWFAT	HALF PINT	12.2
MILK,CHOCOLATE,FAT FREE	HALF PINT	28.0
JUICE-VARIETY BAR	1 each	14.8
MARGARINE	.5 OZ	0.1
JELLY,STRAWBERRY	1 TBSP	13.3
KETCHUP	2 OZ	14.3
MUSTARD	.5 OZ	0.8
MAYONNAISE,LoFat,No Cholester	1 OZ	1.9
DRESSING,SALAD,FF RANCH	2 TBSP	8.6
DRESSING,SALAD,FF/CA/FRENCH	2 TBSP	8.6
SAUCE,BARBECUE:Commercial	1 OZ	10.3
Weighted Daily Average		93.11
% of Calories		59.7%

Weighted Average		97.87
		59.8%

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Edina Public School 273

Page 10

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 19, 2010

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Carbohydrate (g)	97.87	59.79%	0.00				
Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.							